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From "Barbarella" to "Captain Marvel": The evolution of female superheroes. 5



KINGS

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a documentary ****

Director Justyn Moro explains the sobering realities that led to the just-released documentary "Lawtown." 4

PROVIDED



Death toll in Mozambique cyclone could surpass 1,000

The number of people killed in a powerful storm and preceding floods in Mozambique could exceed 1.000.

Eighty-four deaths have been confirmed so far in Mozambique as a result of Cyclone Idai, which has also left a trail of death and destruction across Zimbabwe and Malawi, with vast areas of land flooded, roads destroyed communication wiped out.

Speaking on Radio Moçambique, President Filipe Nyusi said he had flown over the affected region, where two rivers had overflowed. Villages had disappeared, he said, and bodies were floating in the water.

"Everything indicates that we can register more than 1,000 deaths," he said.

The cyclone has also killed 98 people and more than 200 are missing in Zimbabwe, the govern-

People who con-

sodas and sports

drinks every day may be

more likely to die early of

causes like heart disease

and cancer than people

dulge in these beverages,

who rarely, if ever, in-

a U.S. study suggests.

Heavy soda and sports

drink consumption was

associated with a 28 per-

cent higher risk of early death from any cause,

a 31 percent higher risk

disease and a 16 percent

of death from heart

sume lots of sugary

Soda, sports drinks tied to

higher risk of early death

the situation could be far worse in the surrounding areas, which remained completely cut off by road and where houses were not as sturdy.

Nyusi flew over areas that were otherwise accessible, and some of which had been hit by flooding before Cyclone Idai.

RESCUE EFFORT

In Beira, Mozambique's fourth-largest city and home to 500,000 people, a large dam had burst, further complicating rescue efforts.

Large swathes of land were completely submerged, and in some streets people waded through knee-high water

around piles of mangled metal and other debris.

In the early hours of Monday morning, rescuers launched dinghies onto chest-high waters, navigating through reeds and trees - where some people perched on branches to escape the water — to rescue those trapped by the flooding.

Meanwhile, rescuers were struggling to reach people in Zimbabwe's Chimanimani district, cut off from the rest of the country by torrential rains and winds of up to 170 kph (106 mph) that swept away roads, homes and bridges and knocked out power and communication lines.

Zimbabwe's treasury has released \$18 million to rebuild roads and bridges, provide water and sanitation and electricity. Families began burying the dead but the death toll is expected to rise.

Many people had been sleeping in the mountains since Friday, after their homes were flattened by rock falls and mudslides or washed away by torrential rains.

The Harare government has declared a state of disaster in areas affected by the storm. Zimbabwe, a country of 15 million people, was already suffering a severe drought that has wilted CTOPS. REUTERS

increased risk of death

from cancer, researchers

found. "Here in the U.S.,

tion consumes at least

one sugar-sweetened

beverage per day," lead

study author Vasanti Ma-

Health in Boston, said by

email. "Replacing sugar-

sweetened beverages

with other beverages,

one strategy to improve

health and longevity."

particularly water, is

lik, a nutrition research-

er at the Harvard T.H.

Chan School of Public

about half of the popula-

Turkish man arrested after 3 killed in tram shooting

Dutch police arrested 3 a Turkish man sus-pected of shooting dead three people and wounding five on a tram in the Dutch city of Utrecht on Monday. Police said the suspect, 37-year-old Gokmen Tanis, had been taken into custody after an hours-long manhunt and had earlier run-ins with authorities in the Netherlands. The city was put into lockdown after the shooting, shortly after the morning rush hour, which authorities initially said

was an apparent terrorist. attack. Police conducted raids in several locations after issuing an image of Tanis and warning the public not to approach him. But hours after the shooting, the gunman's motive remained unclear. A prosecutor said it could be for "family reasons" and Turkey's state-run Anadolu news agency, quoting relatives of the gunman, said he had fired at a relative on the tram and had then shot at oth-

Economic adviser to Obama and Clinton takes own life

Alan Krueger, a prominent Princeton economics professor who advised Presidents Bill Clinton and Barack Obama, took his own life over the weekend, his family said in a statement on Monday. He was 58. The statement did not elaborate about the circumstances of Krueger's death, nor did the university when confirming it earlier in the day. Krueger served in the last two Democratic administrations — as chief economist for the U.S.

Department of Labor during the Clinton era and as chair of the White House Council of Economic Advisers for Obama. "It is with tremendous sadness we share that Professor Alan B. Krueger, beloved husband, father, son, brother, and Princeton professor of economics took his own life over the weekend," his family said in the statement furnished by the university. "The family requests the time and space to grieve and remember him."



rival in the country.

Caroline Haga, a senior International Federation of the Red Cross official who is in Beira, said

ers who tried to help her.



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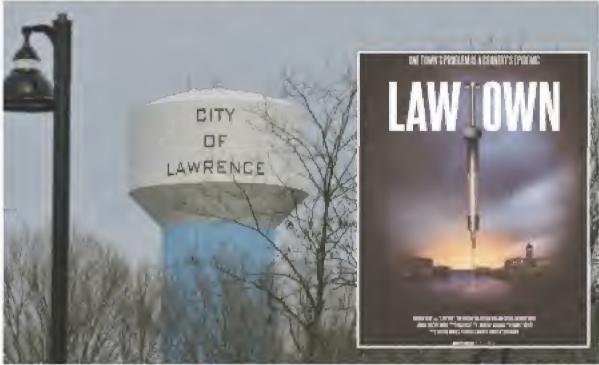
Director Justyn Moro talks about the personal grief that spurred the documentary.



There seems to be no shortage of sorrow and struggle among the corroded Colonials and vacant Victorian houses along the riverbanks near the remnants of ramshackle factories in "Lawtown."

"One day I received news that a close childhood friend had overdosed," director Justyn Moro said. "This made me sick to my stomach. I really had no clue how much drug addiction had

'Lawtown' depicts devastation of opioid epidemic in Lawrence



WIKIMEDIA COMMONS & PROVIDED

taken over. At first, the focus of this documentary was on the entire New England area."

But Moro said that most interviews and conversations led to Lawrence.

1,008

Lawrence is just
25 miles from Boston,
and had the highest
opioid-related death
rate in Massachusetts
in 2017, averaging at
least one overdose per
1,008 residents.

The 75-minute documentary follows overwhelmed authorities who rescue overdosing residents, tend to gunshot wound victims, scrounge for evidence in an unsolved beheading, and dismantle a massive open-air drug hub encampment under the Casey Bridge.

As the crow flies, Lawrence is just 25 miles
from Boston, and had the
highest opioid-related
death rate in Massachusetts in 2017, averaging
at least one overdose
per 1,008 residents. Just
north of "Lawtown,"
the CDC determined that
New Hampshire had the
third-most opioid-related
deaths nationwide in
2017.

Both President Donald Trump and New Hampshire Gov. Chris Sununu have cited Lawrence while railing against the opioid epidemic.

Chartered in 1853, Lawrence's textile mills along the Merrimack River were at the forefront of the Industrial Revolution. But the first signs of economic strife followed in tow, according to the City's History Center.

Riots between the Irish and anti-immigrant "Know-Nothing" party broke out, followed by the first of several crippling financial crashes, and the three-month-long "Bread and Roses Strike," which forced U.S. congressional hearings on working condition regulations and gave birth to federal child labor laws.

The city bloomed for a few years, embedding its bustling rhythm into the heart and ears of its most notable native son, Leonard Bernstein. The Great Depression laid waste to Lawrence once the majority of mills had folded. White flight gave way to urban renewal projects that demolished entire neighborhoods.

By 1980, Lawrence was a ghost town crippled by stagnation, downturn, and an unbridled influx of heroin onto the streets of the most povertyplagued city in the Commonwealth.

"Shootings. Stabbings. Overdoses. Narcan. It's just part of the daily routine now," Valley Patriot publisher Tom Duggan says in one scene. "I think there's a lot of people who tried to save the city, but I'm a cynic now. I firmly believe Lawrence can't be saved."

But "Lawtown" also depicts many tender moments of courage and compassion, which Moro said offer glimpses of the resilient humanity within struggling addicts amid harrowing scenes of heroin-plagued hellscape.

"I think for a film like this it is really easy to look at the negatives, but our intention was to bring awareness and try to come up with a solution for this opioid problem."

Justyn Moro, director, "Lawtown"

"I think for a film like this it is really easy to look at the negatives, but our intention was to bring awareness and try to come up with a solution for this opioid problem," Moro said.

"Lawrence is an amazing town with some incredible, hardworking and devoted people. We had the opportunity to meet many different faces. I think the one thing that stuck out to me is how much pride everyone had in their city."

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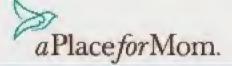
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Joan Lundon, former host of Good Morning America and senior living advocate,



Today's badass female superheroes reveal how much costumes have changed on the big screen in recent years.



The galactic warrior Barbarella, played by Jane Fonda, a reflection of her time, limited herself to having big hair and showing women's sexual liberation. There is even a scene where she has an orgasm that in these times would not make sense for an audience seeking representation. Yet it paid off, because despite the negative reviews - mainly misogynistic that "Captain Marvel"

From "Barbarella" to "Captain Marvel": The evolution of female superheroes

(2019) has received, the film has already hit \$187 million at the box office in its first week in theaters. Because yes, despite the fact that Barbarella and Michelle Pfeiffer's latex Catwoman are icons, today the audience is looking for something beyond a sexualized figure, so common in comics and superhero films before 2010.

Perhaps unsurprisingly, Larson's superhero suit and infrequent smile, hairstyle and even her rear end in the film have been the targets of misogynistic comments (by the thousands) on sites like Rotten Tomatoes. The character has been criticized for not being the popular, stereotypical hero that has been a hit for years in the DC and Marvel film universes. For the second time - we recently saw this with the women characters of "Black Panther"



— she has decided that her sensuality is not her main attribute. In fact, in the face of these absurd misogynistic critiques, a parodic initiative on Twitter called #SelfiesForBrie saw ridiculous smiles photoshopped onto other Marvel heroes' faces. The actress responded to the "smile more" backlash, saying that each of them was strong in their own way. But, why the hype?

Explains Metro costu-

me analyst Diana Lucia Gómez: "The idea of building the character is focused on empowerment rather than on sensuality, a common resource in comics and comic films. The suit makes her look strong and highlights all her muscles. What people are criticizing is having left out that sexual dimension, because she does not show any skin. Now, Marvel has to translate the suit into

recognizable merchandise for toys, t-shirts and costumes, and their intention is to not make it look too masculine. They have more sexual characters, like Black Widow, whose sensuality is part of her power, Marvel is not feminist, by any means, but they know that women now go to the movies because what was once believed to be for men, today opens up other marketing possibilities and people feel better taking their daughters to the movies when they know there will be a positive representation."

This already has happened with other films of the same style, notably "Wonder Woman" (2017). The costumes of the Amazon women (who, by the way, were not models but bodybuilders) generated enormous annoyance in terms of their lack of sexualization, because they were wearing actual

armor. When they were re-sexualized in "Justice League," there were protests. The same happened with the 2015 version of "Mad Max"'s Imperator Furiosa, played by Charlize Theron, and Captain Phasma from the new "Star Wars trilogy," who were criticized for not looking "feminine" in armor.

In the wake of #Me-Too, female influence on the big screen now sees female heroes saying "bye bye" to those sexy Batgirl and Supergirl miniskirts, removing these traditionally female features and giving them a makeover - and incidentally, influencing fashion through these new costumes. Long hair and sexy are left behind for physically fit and strong, something that we have been seeing on Instagram for so long, which is a reality of these new times: Strong is the new skinny.

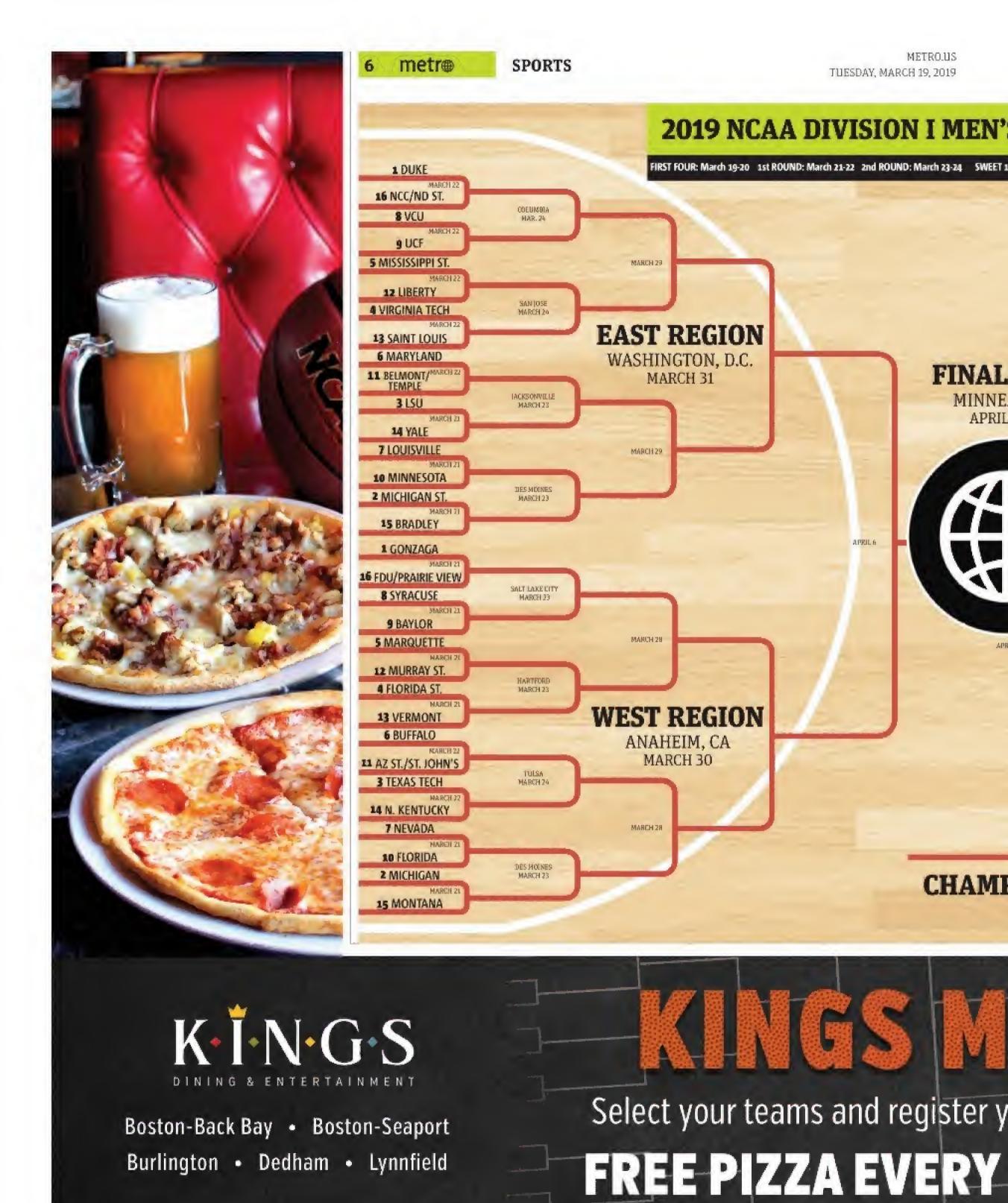
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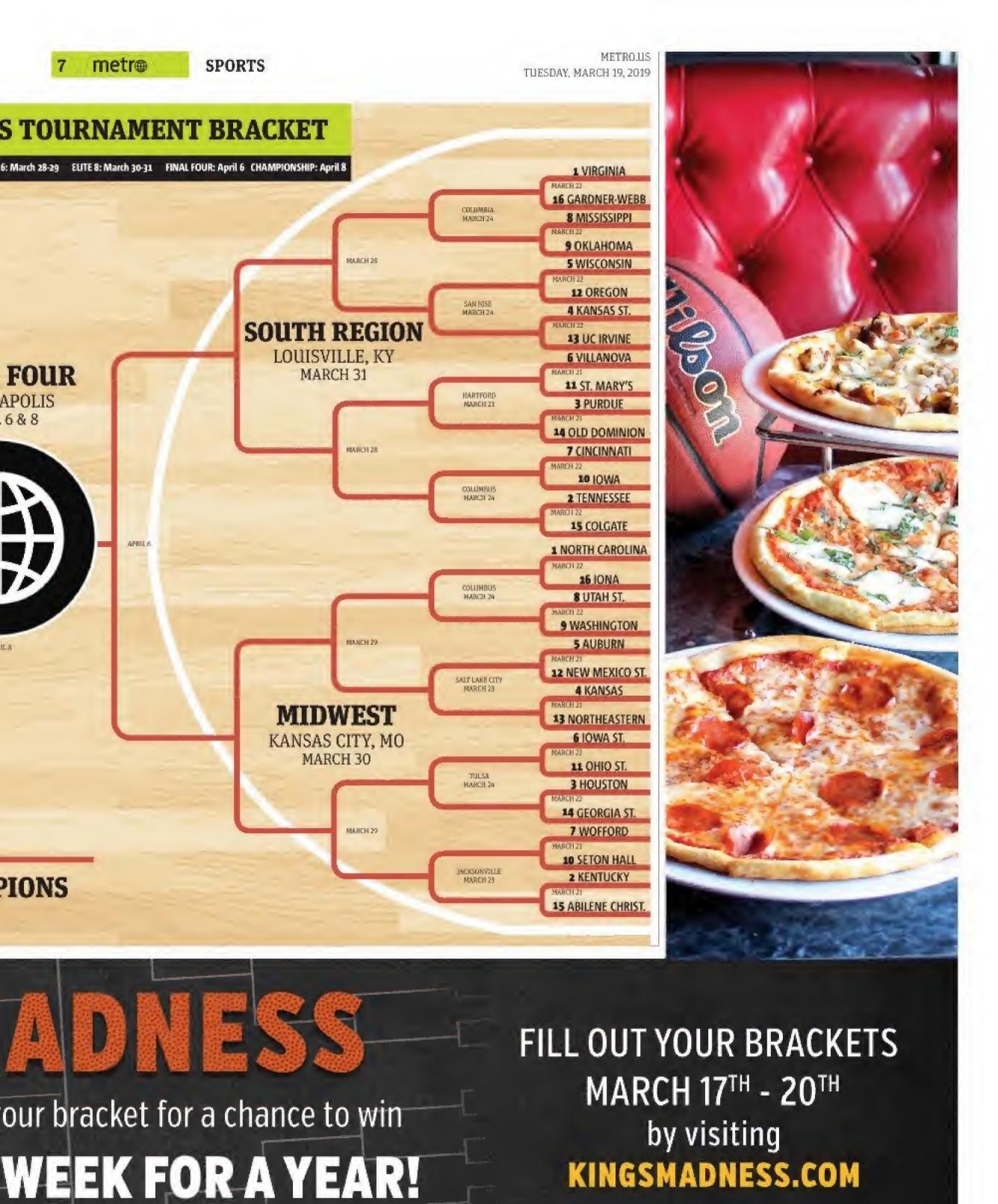


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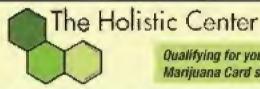


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Money mistakes even smart people make



NerdWallet is a personal finance website.

Certified financial planner Jill Schlesinger has seen smart people make some pretty spectacular money mistakes. One client who repeatedly refused to buy disability insurance later developed multiple sclerosis. A doctor she knew put off writing a will and left behind a six-figure tax bill. A technology company engineer balked at her suggestion to sell some of his stock options, only to watch their value and his retirement plans evaporate when the market plunged.

Schlesinger, a CBS News business analyst and author of "The **Dumb Things Smart** People Do With Their

Money," admits to financial missteps as well, including waiting for "just the right moment" to invest and missing a big jump in the stock market.

"We're emotional animals, not just rational ones," Schlesinger says. "So even otherwise

intelligent people are stymied by their emotions — usualiy fear and greed and their cognitive biases."

In fact, a whole field of economics is devoted to exploring how we make financial decisions including the bad ones. Behavioral economics tries to pinpoint where our brains and emotions lead us wrong, as well as what we can do about it.

Embrace pessimism Most of us don't like to dwell on what could go

wrong, Schlesinger notes, and many of us believe we're better at predicting the future than we actually are. Overconfidence, excessive optimism and the conviction that the recent past will continue into the future mean many of us don't

adequately protect

ourselves. The client who wouldn't buy disability insurance, for example. thought he wouldn't need it because

he was healthy. The stock option guy didn't want to sell a winning investment. not understanding how vulnerable he was to a downturn. The doctor just didn't want to think about dying.

The antidote to this kind of thinking is to stop trying to calculate the odds of something going wrong. Focus instead on how much

you or your loved ones have to lose if the worst happens. If you can't easily absorb that loss, then buy the insurance, diversify your investments and write your will.

Slow down

A common sales tactic is to try to create a sense of urgency so people will act. But we tend to make mistakes when we rush. If you feel pressured to buy a product, sign up for a service or invest in something, take a step

Schlesinger recommends asking these five questions before making investments, but they could easily apply to other financial decisions:

How much will this cost?

What are the alternatives? How easy is it to get my money out and what fees or penalties will I pay? What tax consequences will this carry for me? What's the worst-case scenario I face with this? LIZ WESTON

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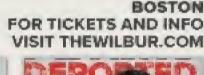
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Marchand brings the energy for B's

The "Little Ball of Hate" is having a career year.



It's a shame that the Bruins couldn't replace Blades with Conor Mc-Gregor as their official mascot throughout the playoffs.

Not sure if the Jacobs family has the coin to pull that off, but nonetheless, things were just a little more lively at the Garden this past weekend with McGregor around. Brad Marchand was one of many Bruins players who embraced the Notorious one's presence as Marchand highlighted his love for the fighter with a powerwalking game-winner in overtime to beat the



Brad Marchand celebrates with Matt Grzekcyk earlier this season.

Blue Jackets.

"He's an incredible guy," Marchand told 98.5 The Sports Hub of Mc-Gregor. "Very energetic, but he was humble. He was very happy to be here, he expressed that. He was very engaged with everyone and he was a great person. It was an honor to meet him. The whole city enjoyed it, we enjoyed it, and it's

something we'll remember."

Marchand has made a habit out of netting goals in OT as the strike against Columbus was his 15th, the most in Bru-

"In this league sometimes you win games you don't deserve to win and sometimes you lose games you don't deserve to lose," Marchand said. "But at the end of the day if we want to compete each night and put our best effort forward hopefully we win the majority of the games. It's the depth of our group right now that's allowing us to win."

B's back in action

Marchand and the B's will take on the Islanders tonight at Nassau Coliseum (7 p.m., NESN) in a game that has plenty of playoff implications. Boston and the Isles could very well meet in the postseason as New York has 91 points on the season — four points behind the Bruins, who have the second-most points in the conference behind the juggernaut that is Tampa Bay.

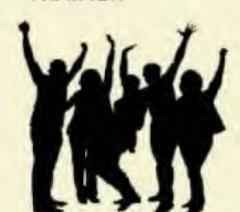
The Bruins could see the return of David Pastrnak from injury on Tuesday as the winger was a full participant at practice on Monday. Pastrnak has been out since early February with a

thumb injury.

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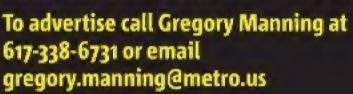


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To satisfy the operator's storage fier, PS Orange Co. Inc. will self all public lies sale on March 27, 2019, the personni properly in the below-fished units, which may include but are not limited to household and personal items, office and sthes equipment. The public sale of these items will begin at 09:50 AM and continue until all units are sold.

PUBLIC STORAGE # 25763, 865 North St. Randolph, MA 02368, (781) 469-0850 • Time: 06:00 AM COV - Berrye Williams TOV - Anderson Massing CAU - Bergioti Jasonie (NAI - Manufas, Sandre CAU - Julius, Jean-Williams (NAI - Bergrand, Bres. 002 - Candada, Ernes, 107 - Poline, Rimste, 104 - Evans, Naylor, 109 - Tavaryo, Aylor, 100 - Maldon, Maldon, 107 - O'salivan, Eugene, 109 - Nation, Albert, 173 - Soot, Severy 211 - Regitant Struct. 219 - Levenne Olivia, 225 - Mahreyer, Romas, 239 - Rulet Michael, 241 - Rightim Cherles,

254 - Lumpston Svettors 258 - Equit Jr, Liter, 100 - Durm Erverty, 200 - Engrand, Heste, 305 - School, Josep 309 - Chicago Roberton; 200 - Entresp. Mary 179 - Onio States, Action 401 - Fertinales States 405 - Horse 405 - Rescriptor 400 - Deletin Lates 405 - Heart Paretter 405 - Polaries Mana-5.9 - Mode Angle, 5305 - Masterelle, Francisco, 535 - Bernadas, Jüristlan, 540 - Math. Charene Arne, 604 - Farming America, 615 - Oligon, Refraema, - 170 - Reputed Michael 1785 - Copery Jori, 1745 - Sallivan, John 1747 - Cambain, Joshyay 1748 - Lutary Michael

PUBLIC STORAGE # 24518, 2000 Main Street, Brockton, MA 02301, (508) 271-7841 * Time: 09:00 AM ADM - Lambert Former, 4501 - Error Cathour ADE - Missach Abert 5018 - Grover Report 6019 - Missach Report 6019 - Report 6019 - Missach Report 6019 - Report BOAS - Juliah Sharetton BOOD - Friet Sharent 1993 - Tartugliane, Chile BOOD - Cause, Materic COOD - Caleman, Micros. CTOS - Marga, Janut. C1St - Michael Fryence, C1SH - RED, MEMPE C131 - Sheett, Bindy, CHS - Martit, Transfer, C1ST - Privation, Mart, C1SC - CIFELLI SPL, CEDRUE A. ON - Royal, Damen (NZ - Grit, Codin, CTE4 - Social, Males, ONE - Jaberry, Stella, CTE4 - Harres, Julia (CTE5 - Poddis Anthrea CTF4 - Green, La lunya, 0219 - Davis Bryan, 1229 - Destruct David 1229 - Visites Helen, DOLL - 259E, Stript, 0250 - Samuel, Impeline, 0251 - Brown Durchy

EUAS-Microff Transport EEF7 - Print, Michaeler ESSA - Represa Jermina EUF5 - Jackson, Buy EUBS - Orto, Psieb, ESE4 - Phoneyol, Christian PUBLIC STORAGE A 2004, 432 Washington Street, Weymouth, NA 02166, (781) 400-6009 • Time: 09:00 AM ACC - Sal Anter ACC - Hardin William ALC - Junes, Debru ALS - Rock Stands, H.D. - Recot Stands ALCS - Solid Milliam ALCS - Kaddillood, Abdule AMBY - Crowland, Sheers, AGY - Florence, Westy, AGYS - Bolson, Broguny, AGS2 - Lycury Chrom. AGB4 - Misson, Mison, Mistry, AGY2 - Republicies, Based, AAGY - Johnes, Leiter AAC-Hara, Part AAES-Hartnett, Elit, ASES-Cornali, Constagates, ASES-Athelan, Harnett ASES-Romano, State ASES-Streats, Lause ASES-Country, James ARIS-Countries Dear-ARIA - Spread on Savery 1635 - Martinity Date

1295 - Beaupin, Westylie, DONG - Reno, Eldry, 1294 - Capone, Namy, 1286 - Fooliguez, Malty, DOOL - Skarte, Joynstyn, OUSB - Canavan, Tare,

PUBLIC STORAGE # 27011, 87 Warren Street, Randolph, MA 02368, (339) 203-4270 • Time: 09:00 AM

8027 - Pimenial, Marry (1011 - Other Henry, 1008 - Abod (Bald, 1813 - Lusbours, Plurace), 1008 - Ferngratez, Shakey, 1903 - Michaline, Kouweth, CRESS - Standay, Jergene (Spanic); EDES - Hinry Michael (EDES - Ballecks, Flora, EDES - Bryon, Anthony (EDES - Beyons, Florats, EQUIZ - Minn, Despais, BOOM - Charries, Raigo (FOID) - Montain, Erro Devict (FOID) - Tubbert, Devict (FO2D - Commune, Nigrant (FOAD - Colemnate, Mathy, OTED - Edings) (FOAD - Colemnate FOAD - Colemnate, Mathy) (FOAD - Edings) (FOAD - Colemnate FOAD - Colemnate, Mathy) (FOAD 1055 - Nobrandon, Lindo 1057 - Norman, Jamy 2001 - Andreide Parry 2014 - Mandalf-Wald, Lieu, 2025 - Morman Grant, 2004 - Jugnet, Charlene, JESS - Descri Foreiro, JOST - Box, Remalio, JOST - Junial, Camillo, IOTS - Box, Hallang 1923 - Tarim Shakes, 1925 - Fine, Ang. 1925 - Fernasim, Juny, KNAT - Grass, Alatans, AREE - Smith, Shebs, LOT2 - Larstine, Rath. LOT4 - Wildows, Malessay, LOEA - Alatans, Classeyars, LOEA - Brown, Trapy LOAA - AREA CALL. TERMY, UNS - Malves, Karen M000 - Burenvorth, Audrey, M011 - Rice Frederick, Milit 4 - Brake, Godfrey

PUBLIC STORAGE v 29162, 1470 Main Street, Waymouth, MA 02190, (781) 326-6135 - Time: 09:00 AM

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10 Playwright George Bernard

ACROSS

1 Dorothy's dog

5 __ as the hills

14 British noble

16 Easy to handle

20 Ancient barbarian

28 William Randolph

32 Gather bit by bit

37 Courtroom event

23 Satchel feature

25 Greek letter

31 Tear to bits

34 Cheap metal

38 Office note 39 Short sharp bank

36 Agony

26 Engraver

22 Some golf tournaments

17 Actor Everett

18 Harassed

21 Charges

15 Disney dog

- 42 Address word
- 44 Bell tower 45 Ram's mate
- 46 Actress Burke
- 47 Make amends
- 50 Ring out
- 51 Ref's decision
- 54 Mississippi steamers
- 57 __ pet; terra-cotta figurine
- 58 Rowing team.
- 59 Creek
- 60 Heaven-__; providential
- 61 Laying birds
 - 62 Lagers
 - 63 Annoys

DOWN

- 1 Georgia ___; Atlanta univ.
- 2 Home for 2/3 of Hawaiians 3 Court reporter's record
- 4 Over-the-hill
- 5 Come into view
- 6 Get some shut-eye
- 7 ".... is not to reason why..."
- 8 TV's Columbo & others: abbr.
- 9 Female animal
- 10 Trance
- 11 Abhor
- 40 More reserved 41 Cod and Canaveral 12 Prayer closing

13 Marries

metro.us/crossword

- 19 Composer George M.
- 21 One of the Flintstones
- 24 Now and ___; occasionally
- 25 Genuine
- 26 Notice
- 27 Bangkok folks
- 28 Listen
- 29 Relative by marriage
- 30 Stopwatch

- 32 "True ___"; John Wayne film
- 33 Whopper
- 35 Too inquisitive
- 37 You, biblically
- 38 Thick sweet drink 40 Septic tank alternative
- 41 Jailbird's room
- 43 Extends one's subscription
- 44 Wild animals 46 from; talk out of
- 47 Curved beam overhead
- 48 Michelin product
- 49 Microwave, e.g.
- 50 Not at all ruddy
- 52 Hose problem 53 Quaker product
- 55 Overalls part
- 56 Afternoon hour
- 57 TV crime drama series

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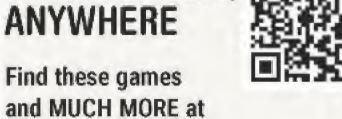
metro.us/horoscopes

- Aries Be watchful of anyone who can affect your reputation. Keep an open mind, but don't be gullible or you will end up in a vulnerable position. Moderation is encouraged.
- Taurus Make plans and follow through. Addressing issues of concern and working alongside others to solve problems is encouraged. If you let anger or stubbornness take charge, you'll accomplish little.
- Gemini Evaluate your position and career path and make adjustments that will encourage you to reach your goals. Include partners or people you trust in your
- Cancer Look at your objectives and make sure you are being reasonable. Put your priorities in order and look for accomplices who are just as driven as you are.
- Leo Look at what's going on around you, and do what you can to carry on without getting into a dispute. Patience will pay off. Make adjustments if necessary.

- Libra Trust in your ability and don't let someone's demands or criticism stop you from pursuing your goals. Making personal improvements and reconnecting with someone from your past look promising.
- Scorpio Precision, technique and style will all play a role in helping you get what you want. A partnership with someone as creative and determined as you will lead to stellar results.
- Sagittarius Emotional matters will escalate quickly. Don't overreact or you will end up in a stalemate and will accomplish nothing. Be smart and apply your energy to personal improvements.
- Capricorn Make change happen. Don't wait for someone else to step up when you can take action and be able to control the outcome. Use your expertise to achieve victory.
- Aquarius Easy does it. If you take on too much or make promises you cannot keep, you will end up being blamed for your shortcomings. Focus on what's doable.
- Pisces An unexpected opportunity will help you advance. Don't second-guess your ability to outmaneuver any competition. A personal pick-me-up will make your day. Excension

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Virgo Certain changes will turn out to your satisfaction. Meetings are favored and partnerships will prove valuable. Set high standards and focus on making new connections and getting ahead.

Yesterday's Answers

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